The cavernous
The blue
So dark
It was almost black

Trapped this deep
Desire to be transported
Up
Out

The subterranean
Hidden in the corner of the sea
Generational chains rusted
Around my ankles and arms
Were unlocked

His voice spoke
No longer - live in the depths
Emerging to the surface
Ever...so slowly

Adjusting my *sight* and breathing The atmospheric pressure Had compressed my eyes and lungs

The Free Diver who came from air Leads me

Crystal Anzalone November 8, 2007



The story behind the Poem Emerging from Water-deep Why's to Wow's

Contrast and Comparison

My past generational family darkness felt like being chained at the bottom of the ocean, black and back inside a deep, dark cavernous hole.

Just because Jesus sets us free does not mean we "surface" immediately.

When submarines or divers rise to the surface, they have to come up slowly to adjust oxygen levels in vital organs, so that the body does not explode under the changing pressure. It is much like that in our spiritual emergence.

This analogy provides insight into "why" God did not "make everything new, " as fast as I had hoped.

It has been a long journey through the water-deep.

"Jehovah reached down from heaven and rescued me; he drew me out of deep waters. He rescued me..."

Psalm 18:16-17